

## Mentalities of the people who, when faced with change, are ...

---

### Enthusiastic:

A feeling of control, a sense of being in control of their lives and destiny, of being able to master the levers necessary to achieve this. Also feeling capable of living with uncertainty.

**CONTROL OF DESTINY** 161  
**AUTONOMY-EMPOWERMENT** 154  
**ADAPTABILITY** 139  
**APOCALYPTIC ANXIETY** 79  
**AVERSION TO UNCERTAINTY** 76  
**FATALISM** 50

### Anxious:

A sense that their lives are determined by factors beyond their control, over which they are powerless. A defeatist attitude toward the forces in today's world that they need to contend with. Trouble dealing with uncertainty.

**FATALISM** 152  
**AVERSION TO UNCERTAINTY** 138  
**APOCALYPTIC ANXIETY** 114  
**CONTROL OF DESTINY** 68  
**ADAPTABILITY** 64  
**AUTONOMY-EMPOWERMENT** 53

- Very strong
- Strong
- Weak
- Very weak

(\*) The indices are calculated by comparing the groups analyzed to the total population

---